## OFFICE OF THE GOVERNOR

## Reggie Wassana

Governor

Gilbert Miles
Lieutenant Governor



April 2, 2020

The Cheyenne and Arapaho Tribe is partnering with the Indian Health Service in the effort to reduce the spread of the novel coronavirus (COVID-19) and limit its long term health effect not only globally but on Indian Country and specifically to our tribal members. Unfortunately, time has changed the way we operate and I'm certain this experience we are all going through will set the pace of changes for the future. Many of you may be experiencing fear, uncertainty and even denial related to the COVID-19 health pandemic. Understand the public threat posed by COVID-19 is very high and is emerging and rapidly evolving.

In collaboration with the IHS facilities in Clinton, El Reno and Watonga, extra precautions are being taken to ensure your safety and the safety of the staff. We as a tribe join the Indian Health Service in abiding by the guidelines and recommendations set forth by the Centers for Disease Control (CDC) to reduce the risk of COVID-19 exposure. There have been major changes that you will experience when it comes to seeking health care that is absolutely needed. Your cooperation, patience and understanding of these changes will assist in ensuring your needs are met.

The Clinton Indian Health Service is open for patient care. The Saturday clinic at the Clinton site is open from 9am to 1pm. You are encouraged to call ahead so that staff and providers can work with you to devise a plan of care. You will experience required screening at the main entrance of the facilities. Access to the facilities is limited and extra precautions are in place to ensure the safety of you, your family and the staff you encounter.

Clinton IHS: 580-331-3300

El Reno IHS: 405-234-8400

Watonga HIS: 580-623-4991

Symptoms of COVID-19 include fever, cough and shortness of breath. Babies and younger children who are not able to tell you how they feel may exhibit a fever, a change in skin color, increased breathing rate, flaring of the nose when they breathe and you may hear noisy breathing or the child may sound like they are grunting. You are encouraged to continue to wash your hands frequently with soap and water, stay home, especially if you are sick, avoid touching your face, practice social distancing and avoid gatherings.

Please everyone do your part so we can corral this virus and defeat it and return back to our daily lives.

100 RED MOON CIRCLE, P.O. BOX 167, CONCHO, OK 73022 • (405) 422-7734